

Children's Space

Parenting Practitioners



Introduction to the Service

NB. For brevity we refer to 'parents' as primary caregivers but please note we acknowledge that in some circumstances those who are not necessarily biological parents are primary caregivers.

As you work your way through mediation and/or separation/other challenging situations you will, if you have children, have very natural concerns:

- How will they react?
- What can you do to best support them?

Ups and downs are normal, and you as parents are the ones who will be standing by your child or children. You are certainly their most significant supporters.

If you have concerns, or if concerns turn into worries, you might think of seeking some outside support. Questions may be bothering you such as:

- Do they seem too quiet and withdrawn, over anxious, suddenly more challenging in their behaviour?
- What is 'normal'? How can you get through this time of change? How can you help your child adjust to new arrangements, and to feel secure, safe and confident? How can they express feelings which they may be finding difficult to share?

Your child is unable to change what is happening in those situations. All these concerns are happening at a time when you yourself are probably feeling highly stressed, and while this is all part of the emotional process, sometimes some gentle outside support may be useful.

We in **Children's Space** can offer constructive and practical responses to these concerns and issues. We have wide experience of work with parents and children, of all ages. We will help you reach the positive outcomes you are seeking.

Our Terms of Work

We welcome initial contact with you in order to further explain our approach to the work that we do and better understand your own circumstances.

Importantly; one of the pre-requisites of working with your young people is that they want to speak to/work with someone (or at least have an interest in finding out more about the options they have available to them.) You may not yet have had a conversation about this sort of thing with them but don't worry if that is the case we still need to speak to you first anyway.

Costs

We initially meet with a responsible adult in a venue that will be agreed beforehand **or** we may be able to cover all initial content online. During this initial contact we will draw up a basic working agreement between ourselves and you the 'primary carer/carers'.

Once a plan is made, our first session with your child/children/young person will be booked, at which we expect that a responsible adult is in the building (apart from the worker) for the duration of that session. Alternatively, if appropriate, we may offer to work with your child online.

For all sessions (usually between 50-60 minutes) we charge £60 - payable afterwards (This charge includes all planning and materials which may be necessary BUT we may need to add an amount to cover practitioner's travel and room booking costs.) **We usually offer six sessions initially** although this is negotiable.

Contacting Us

Use the contact form further down the page you have accessed on this website OR

Please email us at: childrensspaceinfo@gmail.com adding a telephone number that you are happy with us contacting you on.

Thanks!
